

Mokinio užrašai

Vocabulary: Football (technique elements)

Term	Translation	Definition
A corner		
A crossbar		
A drill		
A gate		
A goal		
A goalkeeper/goalie		
A header		
A linesman		
A penalty area		
A penalty kick		
A penalty spot		
A red card		
A yellow card		
A sequence		
To tackle		
A warm-up		
Ability		
Accuracy		
An obstruction		
Throw-in		

To dribble		
To intercept		
To regain		
To save		
To send of		
To shoot		

Warm-up exercises

Jogging		
A press-up (Br)/ push-up (Am)		
pull-up/ chin-up (Am),		
A sit-up		
To squat down		
To stretch up		

You can try this site to learn funnier: "Football terms for kids".

<http://quizlet.com/2328327/football-terms-for-kids-flash-cards/>

Task 1. How to dribble the ball? Take notes while watching the video. Then check your answers in pairs (see next page).

Step 1.

Step 2.

Step 3.

Step 4.

Step 5.

Step 6.

Step 7.

Step 8.

Task 2. Follow the freestyle dribbling tricks on the video and take notes on how they are performed.

1. _____



2. _____



3. _____



4. _____



5. _____



KEEP PRACTISING!